

National Youth Tobacco Survey (NYTS) 2002 Questionnaire

This survey is about tobacco use. It has been developed so you can tell us what you do that may affect your health. The information you give will be used to develop better tobacco education programs for young people like yourself.

DO NOT write your name on this survey. The answers you give will be kept private. **NO** one will know what you write. Answer the questions based on what you really do and know.

We are asking over 30,000 6th through 12th grade students in approximately 300 schools across the country to complete this questionnaire. Completing the survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. If you are not comfortable answering a question, just leave it blank.

The questions that ask about your background will only be used to describe the types of students completing this survey. The information will not be used to find out your name. No names will ever be reported. Make sure to read every question. Fill in the circles in the booklet completely. When you are finished, follow the instructions of the person giving you the survey.

If you want to talk to someone about your rights as a study participant, you may call Jack Hermann at ORC Macro (Macro International Inc.), toll free at 877-342-6987.

Thank You Very Much For Your Help.

The first questions ask for some background information about you.

1. How old are you?

- a. 9 years old
- b. 10 years old
- c. 11 years old
- d. 12 years old
- e. 13 years old
- f. 14 years old
- g. 15 years old
- h. 16 years old
- i. 17 years old
- j. 18 years old
- k. 19 years old
- l. 20 years old
- m. 21 years old

2. What is your sex?

- a. Female
- b. Male

3. In what grade are you?

- a. 6th
- b. 7th
- c. 8th
- d. 9th
- e. 10th
- f. 11th
- g. 12th
- h. Ungraded or other grade

4. How do you describe yourself? (You can choose one answer or more than one)

- a. American Indian or Alaska Native
- b. Asian
- c. Black or African American
- d. Hispanic or Latino
- e. Native Hawaiian or Other Pacific Islander
- f. White

5. Which one of these groups BEST describes you? (Choose only one answer)

- a. American Indian or Alaska Native
- b. Asian
- c. Black or African American
- d. Hispanic or Latino
- e. Native Hawaiian or Other Pacific Islander
- f. White

6. During an average week, how much money do you get from a job and other sources (allowance, etc.)?

- a. None
- b. Less than \$1
- c. \$1 to \$5
- d. \$6 to \$10
- e. \$11 to \$20
- f. \$21 to \$35
- g. \$36 to \$50
- h. \$51 to \$75
- i. \$76 to \$125
- j. \$126 to \$175
- k. \$176 to \$200
- l. \$More than \$200

The next questions ask about tobacco use.

Cigarette Smoking

7. Have you ever tried cigarette smoking, even one or two puffs?

- a. Yes
- b. No

8. When was the first time you smoked a whole cigarette?

- a. I have never smoked a whole cigarette
- b. More than 1 year ago
- c. About a year ago
- d. Less than 1 year ago but more than 1 month ago
- e. Within the past month

- 9. How old were you when you smoked a whole cigarette for the first time?**
- a. I have never smoked a whole cigarette
 - b. 8 years old or younger
 - c. 9
 - d. 10
 - e. 11
 - f. 12
 - g. 13
 - h. 14
 - i. 15
 - j. 16
 - k. 17 years old or older
- 10. About how many cigarettes have you smoked in your entire life?**
- a. None
 - b. 1 or more puffs but never a whole cigarette
 - c. 1 cigarette
 - d. 2 to 5 cigarettes
 - e. 6 to 15 cigarettes (about 1/2 a pack total)
 - f. 16 to 25 cigarettes (about 1 pack total)
 - g. 26 to 99 cigarettes (more than 1 pack but less than 5 packs)
 - h. 100 or more cigarettes (5 or more packs)
- 11. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?**
- a. Yes
 - b. No
- 12. During the past 30 days, on how many days did you smoke cigarettes?**
- a. 0 days
 - b. 1 or 2 days
 - c. 3 to 5 days
 - d. 6 to 9 days
 - e. 10 to 19 days
 - f. 20 to 29 days
 - g. All 30 days
- 13. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?**
- a. I did not smoke cigarettes during the past 30 days
 - b. Less than 1 cigarette per day
 - c. 1 cigarette per day
 - d. 2 to 5 cigarettes per day
 - e. 6 to 10 cigarettes per day
 - f. 11 to 20 cigarettes per day
 - g. More than 20 cigarettes per day

- 14. During the past 30 days, what brand of cigarettes did you usually smoke? (Choose only one answer)**
- a. I did not smoke cigarettes during the past 30 days
 - b. I do not have a usual brand
 - c. American Spirit
 - d. Camel
 - e. GPC, Basic, or Doral
 - f. Kool
 - g. Lucky Strike
 - h. Marlboro
 - i. Newport
 - j. Parliament
 - k. Virginia Slims
 - l. Some other brand
- 15. What type of cigarette did you usually smoke in the past 30 days?**
- a. I did not smoke cigarettes during the past 30 days
 - b. I do not have a usual type
 - c. Regular/Full flavor
 - d. Light
 - e. Ultralight
- 16. Is the brand of cigarettes that you usually smoked during the past 30 days mentholated?**
- a. I did not smoke cigarettes during the past 30 days
 - b. I do not have a usual brand
 - c. Yes, it is a menthol brand
 - d. No, it is not a menthol brand
- 17. During the past 30 days, how did you usually get your own cigarettes? (Choose only one answer)**
- a. I did not smoke cigarettes during the past 30 days
 - b. I bought them in a store such as a convenience store, supermarket, or gas station
 - c. I bought them from a vending machine
 - d. I gave someone else money to buy them for me
 - e. I borrowed them from someone else
 - f. I stole them
 - g. A person 18 years old or older gave them to me
 - h. I got them some other way

- 18. During the past 30 days, where did you buy the last pack of cigarettes you bought?**
- a. I did not buy a pack of cigarettes during the past 30 days
 - b. A gas station
 - c. A convenience store
 - d. A discount store
 - e. A grocery store
 - f. A drugstore
 - g. A vending machine
 - h. A restaurant
- 19. During the past 30 days, what did you pay for the last pack of cigarettes you bought?**
- a. I did not smoke cigarettes during the past 30 days
 - b. I did not buy a pack of cigarettes during the past 30 days
 - c. Less than \$1.00
 - d. \$1.00 to \$1.49
 - e. \$1.50 to \$1.99
 - f. \$2.00 to \$2.49
 - g. \$2.50 to \$2.99
 - h. \$3.00 to \$3.49
 - i. \$3.50 to \$3.99
 - j. \$4.00 to \$4.49
 - k. \$4.50 to \$4.99
 - l. \$5.00 or higher
 - m. I don't know
- 20. When you bought or tried to buy cigarettes in a store during the past 30 days, were you ever asked to show proof of age?**
- a. I did not try to buy cigarettes in a store during the past 30 days
 - b. Yes, I was asked to show proof of age
 - c. No, I was **not** asked to show proof of age
- 21. During the past 30 days, did anyone ever refuse to sell you cigarettes because of your age?**
- a. I did not try to buy cigarettes in a store during the past 30 days
 - b. Yes, someone refused to sell me cigarettes because of my age
 - c. No, no one refused to sell me cigarettes because of my age

- 22. During the past 30 days, on how many days did you smoke cigarettes on school property?**
- a. 0 days
 - b. 1 or 2 days
 - c. 3 to 5 days
 - d. 6 to 9 days
 - e. 10 to 19 days
 - f. 20 to 29 days
 - g. All 30 days
- 23. When was the last time you smoked a cigarette, even one or two puffs?**
- a. I have never smoked even one or two puffs
 - b. Earlier today
 - c. Not today but sometime during the past 7 days
 - d. Not during the past 7 days but sometime during the past 30 days
 - e. Not during the past 30 days but sometime during the past 6 months
 - f. Not during the past 6 months but sometime during the past year
 - g. 1 to 4 years ago
 - h. 5 or more years ago
- 24. Do you want to stop smoking cigarettes?**
- a. I do not smoke now
 - b. Yes
 - c. No
- 25. Are you seriously thinking about quitting smoking? Would you say ...**
- a. I do not smoke now
 - b. Yes, within the next 30 days
 - c. Yes, within the next 6 months
 - d. Yes, but not within the next 6 months
 - e. No, I am not thinking of quitting smoking totally and for good
 - f. Not sure
- 26. During the past 12 months, how many times have you tried to quit smoking for at least a day?**
- a. I have never smoked cigarettes
 - b. I have not smoked in the past 12 months
 - b. None
 - c. 1 time
 - d. 2 times
 - e. 3 to 5 times
 - f. 6 to 9 times
 - g. 10 or more times

27. When you last tried to quit, how long did you stay off cigarettes?

- a. I have never smoked cigarettes
- b. I have never tried to quit
- c. Less than a day
- d. 1 to 7 days
- e. More than 7 days but less than 30 days
- f. More than 30 days but less than 6 months
- g. More than 6 months but less than a year
- h. More than a year

28. Has someone in a doctor's or dentist's office (doctor, dentist, nurse, receptionist) talked to you about the dangers of tobacco use, in the past 12 months?

- a. I have not visited a doctor's or dentist's office in the past 12 months
- b. Yes
- c. No

29. In the past 12 months, did you do any of the following to help you stop smoking? (Mark yes or no for each response)

- | | <u>Yes</u> | <u>No</u> |
|--|--------------------------|--------------------------|
| a. Attended a program in my school | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Attended a program in the community | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Called a help line or quit line | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Used nicotine gum | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Used nicotine patch | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Visited an Internet quit site | <input type="checkbox"/> | <input type="checkbox"/> |

30. Do you think you would be able to quit smoking cigarettes if you wanted to?

- a. Yes
- b. No
- c. Don't know

31. How long can you go without smoking before you feel like you need a cigarette?

- a. I have never smoked cigarettes
- b. I do not smoke now
- c. Less than 1 hour
- d. 1 to 3 hours
- e. More than 3 hours but less than a day
- f. A whole day
- g. Several days
- h. A week or more

32. How soon after you wake up do you usually smoke your first cigarette?

On a weekday (Monday to Friday)?

- a. I don't smoke now
- b. Less than 15 minutes
- c. 15 to 30 minutes
- d. More than 30 but less than 60 minutes
- e. 1 to 2 hours
- f. More than 2 hours but less than half a day
- g. More than half a day
- h. I don't smoke during the weekdays

33. How soon after you wake up do you usually smoke your first cigarette?

During the weekend?

- a. I don't smoke now
- b. Less than 15 minutes
- c. 15 to 30 minutes
- d. More than 30 but less than 60 minutes
- e. 1 to 2 hours
- f. More than 2 hours but less than half a day
- g. More than half a day
- h. I don't smoke during the weekends

34. If you are sick with a bad cold or sore throat, do you smoke cigarettes?

- a. I don't smoke now
- b. No, I stop smoking when I am sick
- c. Yes, but I cut down on the amount I smoke
- d. Yes, I smoke the same amount as when I'm not sick

35. When you are in a place where smoking is forbidden, how difficult is it for you NOT to smoke?

- a. I have never smoked cigarettes
- b. Very difficult
- c. Difficult
- d. Somewhat difficult
- e. Slightly difficult
- f. Not at all difficult

36. How true is this statement for you? After not smoking for a while, I need to smoke to relieve feelings of restlessness and irritability.

- a. I don't smoke now
- b. Not at all true
- c. Not very true
- d. Fairly true
- e. Very true

37. **How true is this statement for you? When I go without a smoke for a few hours, I experience craving.**
- a. I don't smoke now
 - b. Not at all true
 - c. Not very true
 - d. Fairly true
 - e. Very true
38. **How true is this statement for you? I sometimes have strong cravings where it feels like I'm in the grip of a force that I can't control.**
- a. I don't smoke now
 - b. Not at all true
 - c. Not very true
 - d. Fairly true
 - e. Very true

Smokeless Tobacco: Chewing Tobacco, Snuff, or Dip

39. **Have you ever used chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?**
- a. Yes
 - b. No
40. **During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip?**
- a. 0 days
 - b. 1 or 2 days
 - c. 3 to 5 days
 - d. 6 to 9 days
 - e. 10 to 19 days
 - f. 20 to 29 days
 - g. All 30 days
41. **During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property?**
- a. 0 days
 - b. 1 or 2 days
 - c. 3 to 5 days
 - d. 6 to 9 days
 - e. 10 to 19 days
 - f. 20 to 29 days
 - g. All 30 days

Cigars and Pipes

42. Have you ever tried smoking cigars, cigarillos, or little cigars, even one or two puffs?
- Yes
 - No
43. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?
- 0 days
 - 1 or 2 days
 - 3 to 5 days
 - 6 to 9 days
 - 10 to 19 days
 - 20 to 29 days
 - All 30 days
44. During the past 30 days, on how many days did you smoke tobacco in a pipe?
- 0 days
 - 1 or 2 days
 - 3 to 5 days
 - 6 to 9 days
 - 10 to 19 days
 - 20 to 29 days
 - All 30 days

The next questions are about bidis (or “beedies”), which are small brown cigarettes from India consisting of tobacco wrapped in a leaf tied with a thread.

45. Have you ever tried smoking bidis, even one or two puffs?
- Yes
 - No
46. During the past 30 days, on how many days did you smoke bidis?
- 0 days
 - 1 or 2 days
 - 3 to 5 days
 - 6 to 9 days
 - 10 to 19 days
 - 20 to 29 days
 - All 30 days

The next questions are about kreteks (also called “clove cigarettes”), which are cigarettes containing tobacco and clove extract.

- 47. Have you ever tried smoking kreteks, even one or two puffs?**
- a. Yes
 - b. No
- 48. During the past 30 days, on how many days did you smoke kreteks?**
- a. 0 days
 - b. 1 or 2 days
 - c. 3 to 5 days
 - d. 6 to 9 days
 - e. 10 to 19 days
 - f. 20 to 29 days
 - g. All 30 days

The next questions ask about your thoughts about tobacco.

- 49. Do you think that you will try a cigarette soon?**
- a. I have already tried smoking cigarettes
 - b. Yes
 - c. No
- 50. Do you think you will smoke a cigarette anytime during the next year?**
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not
- 51. If one of your best friends offered you a cigarette, would you smoke it?**
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not
- 52. Do you think young people who smoke cigarettes have more friends?**
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not

- 53. Do you think NOT smoking is a way to express your independence?**
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not
- 54. Do you think cigarette companies target teens to replace smokers who die?**
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not
- 55. Do you think it is safe to smoke for only a year or two, as long as you quit after that?**
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not
- 56. Do you think cigarette companies deny that cigarettes cause cancer and other harmful diseases?**
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not
- 57. Do you think cigarette companies get too much blame for young people smoking?**
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not
- 58. Do you think the smoke from other people's cigarettes is harmful to you?**
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not
- 59. Do you think smoking cigarettes makes young people look cool or fit in?**
- a. Definitely yes
 - b. Probably yes
 - c. Probably not
 - d. Definitely not

60. During this school year, did you practice ways to say “No” to tobacco in any of your classes (for example, by role playing)?
- Yes
 - No
 - Not sure
61. During this school year, were you taught in any of your classes the reasons why people your age smoke?
- Yes
 - No
 - Not sure
62. During this school year, were you taught in any of your classes that most people your age do not smoke cigarettes?
- Yes
 - No
 - Not sure
63. During this school year, were you taught in any of your classes about the effects of smoking, like it makes your teeth yellow, causes wrinkles, or makes you smell bad?
- Yes
 - No
 - Not sure
64. During this school year, has what you have learned in school helped you feel it is okay to say “No” to friends who offer you cigarettes?
- Yes
 - No
 - Not sure

The next questions ask about events you may have attended or what you have seen on TV, at the movies, or on the Internet.

65. During the past 12 months, have you participated in any community events to discourage people your age from using cigarettes, chewing tobacco, snuff, dip, or cigars?
- Yes
 - No
66. During the past 12 months, have you helped plan any anti-smoking events or meetings?
- Yes
 - No

67. Please indicate on the list below ANY anti-smoking event or meeting that you attended in the past 12 months.

- | | <u>Yes</u> | <u>No</u> |
|---|--------------------------|--------------------------|
| a. Youth summit against smoking | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Meeting of a local anti-smoking youth group | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Meeting with community officials to talk about a tobacco issue | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Health fair about smoking | <input type="checkbox"/> | <input type="checkbox"/> |

68. During the past 30 days, how often did you see anti-smoking commercials on TV?

- a. Not in the past 30 days
- b. 1 to 3 times in the past 30 days
- c. 1 to 3 times per week
- d. Daily or almost daily
- e. More than once a day
- f. I did not watch TV

69. During the past 30 days, how often did you hear anti-smoking commercials on the radio?

- a. Not in the past 30 days
- b. 1 to 3 times in the past 30 days
- c. 1 to 3 times per week
- d. Daily or almost daily
- e. More than once a day
- f. I did not listen to the radio

70. During the past 30 days, how often did you see anti-smoking messages in magazines or newspapers?

- a. Not in the past 30 days
- b. 1 to 3 times in the past 30 days
- c. 1 to 3 times per week
- d. Daily or almost daily
- e. More than once a day
- f. I did not read magazines or newspapers

71. When you watch TV or movies, how often do you see actors smoking?

- a. All of the time
- b. Most of the time
- c. Some of the time
- d. Hardly ever
- e. Never
- f. I don't watch TV or movies

- 72. When you are searching the Internet on a computer, how often do you see ads for cigarettes and other tobacco products?**
- a. All of the time
 - b. Most of the time
 - c. Some of the time
 - d. Hardly ever
 - e. Never
 - f. I don't search the Internet
- 73. When you read newspapers or magazines, how often do you see ads or promotions for cigarettes and other tobacco products?**
- a. All of the time
 - b. Most of the time
 - c. Some of the time
 - d. Hardly ever
 - e. Never
 - f. I don't read newspapers or magazines
- 74. When you go to a convenience store, supermarket, or gas station, how often do you see ads for cigarettes and other tobacco products or items that have tobacco company names or pictures on them?**
- a. All of the time
 - b. Most of the time
 - c. Some of the time
 - d. Hardly ever
 - e. Never
 - f. I never go to a convenience store, supermarket, or gas station
- 75. During the past 30 days, when you watched TV, how often did you see "truth" anti-smoking commercials?**
- a. All of the time
 - b. Most of the time
 - c. Some of the time
 - d. Hardly ever
 - e. Never
 - f. I did not watch TV
- 76. During the past 30 days, when you watched TV, how often did you see "Think Don't Smoke" anti-smoking commercials?**
- a. All of the time
 - b. Most of the time
 - c. Some of the time
 - d. Hardly ever
 - e. Never
 - f. I did not watch TV

Some tobacco companies make items like sports gear, t-shirts, lighters, hats, jackets, and sunglasses that people can buy or receive free.

77. During the past 12 months, did you buy or receive anything that has a tobacco company name or picture on it?

- a. Yes
- b. No

78. Would you ever use or wear something that has a tobacco company name or picture on it such as a lighter, T-shirt, hat, or sunglasses?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

The next questions ask about your exposure to tobacco use.

79. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?

- a. 0 days
- b. 1 or 2 days
- c. 3 or 4 days
- d. 5 or 6 days
- e. 7 days

80. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?

- a. 0 days
- b. 1 or 2 days
- c. 3 or 4 days
- d. 5 or 6 days
- e. 7 days

81. Besides you, does anyone who lives in your home smoke cigarettes now?

- a. Yes
- b. No

82. How many of your four closest friends smoke cigarettes?

- a. None
- b. One
- c. Two
- d. Three
- e. Four
- f. Not sure

- 83. How many of your four closest friends use chewing tobacco, snuff, or dip?**
- a. None
 - b. One
 - c. Two
 - d. Three
 - e. Four
 - f. Not sure
- 84. Has either of your parents (or guardians) told you not to smoke cigarettes in the past 12 months?**
- a. Mother (female guardian) only
 - b. Father (male guardian) only
 - c. Both
 - d. Neither
- 85. Which statement best describes the rules about smoking inside your home?**
- a. Smoking is not allowed anywhere inside my home
 - b. Smoking is allowed in some places or at some times
 - c. Smoking is allowed anywhere in my home
 - d. There are no rules about smoking in my home

Thank you for participating in this survey.